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Exemplar PSHE / Relationships Education Lesson Summary
Unit: Relationships
Lesson: Being a good friend
Phase: Primary
Developmental Stage: Formal

What will learners learn?
Learners will learn:

- What makes a good friend
- How to show kindness and respect
- How to share and take turns
- How to recognise when someone may need help or support

Key Vocabulary

- Friend
- Kind
- Share
- Respect
- Help

Learning activities

- Reading a friendship story
- Discussing examples of kind behaviour
- Friendship role-play activities
- Turn-taking games
- Creating a class friendship charter

What might learners communicate after this lesson?

- "Friends are kind"
- "I can take turns"
- "I can help someone"
- "I can use kind words"

Why is this lesson important?
Learning about friendship helps children develop positive relationships, empathy and social communication skills.