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Exemplar PSHE / Relationships Education Lesson Summary
Unit: Healthy Relationships
Lesson: People I Like Being With
Phase: Secondary
Developmental Stage: Pre-Formal

What will learners learn?
Learners will:

- Recognise people they enjoy spending time with
- Show preferences for familiar peers and adults
- Participate in shared activities
- Develop awareness of personal likes and dislikes
- Begin to understand that people can help us feel safe and comfortable

Key Concepts

- Relationship
- Choice
- Comfort
- Familiar people
- Safe

Learning activities

- Looking at photographs of familiar people
- Choosing between activities with different peers/adults
- Shared sensory or communication activities
- Exploring "I like…" and "I don't like…" through symbols, Objects of Reference or AAC
- Identifying people who help us feel safe

What might success look like?
A learner may:

- Indicate a preferred interaction partner
- Engage in shared attention with another person
- Make a choice about who to work with
- Show enjoyment during social interaction
- Communicate preferences using their preferred communication method

Why is this lesson important?
Understanding preferences and developing positive interactions are important foundations for future learning about friendships, boundaries and relationships.