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Exemplar PSHE / Relationships Education Lesson Summary
Unit: Online Safety
Lesson: Using Technology Safely
Phase: Secondary
Developmental Stage: Pre-Formal

What will learners learn?
Learners will:

- Recognise devices they use at home and school
- Understand that adults help keep them safe online
- Practise asking for help when something unexpected happens on a device
- Follow simple online safety routines

Key Concepts

- Computer
- Tablet
- Help
- Safe
- Adult

Learning activities

- Matching devices to photographs
- Turn-taking activities using technology
- Practising asking for help when a pop-up appears
- Identifying trusted adults who help with technology
- Following simple safety rules

What might success look like?
A learner may:

- Identify a familiar device
- Seek adult support appropriately
- Follow a simple online safety rule
- Use a communication system to request help

Why is this lesson important?
This lesson develops early digital safety skills and supports safe participation in an increasingly digital world.